We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			MORNING SNACK: Variety of Crackers	MORNING SNACK: Variety of Crackers
			LUNCH: (Vegetarian)	LUNCH:
			Bean & Cheese Burrito	Beef Meatballs
			Veggies & Fruit	Rice, Veggies & Fruit
			AFTERNOON SNACK:	AFTERNOON SNACK:
			Two Food Groups from Dairy, Fruits, & Crackers	Two Food Groups from Dairy, Fruits, & Crackers
5	6	7	8	9
MORNING SNACK:				
Variety of Crackers	Variety of Crackers LUNCH:	Variety of Crackers LUNCH:	Variety of Crackers	Variety of Crackers LUNCH:
LUNCH: (Vegetarian)  Spinach Cheese Ravioli	Chicken Noodle Soup	Roast Beef Sandwich	LUNCH: (Vegetarian) Cheese Quesadilla	Turkey Patties
Veggies & Fruit  AFTERNOON SNACK:	Croutons & Fruit	Veggies & Fruit  AFTERNOON SNACK:	Veggies & Fruit  AFTERNOON SNACK:	Rice, Veggies & Fruit  AFTERNOON SNACK:
Two Food Groups from	AFTERNOON SNACK: Two Food Groups from	Two Food Groups from	Two Food Groups from	Two Food Groups from
Dairy, Fruits, & Crackers				
12	13	14	15	16
MORNING SNACK: Variety of Crackers				
LUNCH: (Vegetarian)	LUNCH:	LUNCH:	LUNCH:	LUNCH:
Mac & Cheese Veggies & Fruit	Borsch Soup Croutons & Fruit	Tuna Sandwich Veggies & Fruit	Beef Taquitos Veggies & Fruit	Rotisserie Chicken Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from				
Dairy, Fruits, & Crackers				
19	20 MORNING SNACK:	21 MORNING SNACK:	22 MORNING SNACK:	23 MORNING SNACK:
School closed in	Variety of Crackers	Variety of Crackers	Variety of Crackers	Variety of Crackers
observance of	LUNCH:	LUNCH: (Vegetarian)	LUNCH:	LUNCH:
Juneteenth Day	Wild Rice Soup Croutons & Fruit	Cheese Pizza Veggies & Fruit	Chicken Quesadilla Veggies & Fruit	Chicken Sausage Rice, Veggies & Fruit
	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:
	Two Food Groups from Dairy, Fruits, & Crackers			
26	27	28	29	30
MORNING SNACK:				
Variety of Crackers				
LUNCH: Chicken Potstickers	LUNCH: Frikadelle Soup	LUNCH: (Vegetarian)  Grilled Cheese Sandwich	LUNCH: Chicken Flautas	LUNCH: Corn Beef
Veggies & Fruit	Croutons & Fruit	Veggies & Fruit	Veggies & Fruit	Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK: Variety of Crackers LUNCH: Shrimp Penne Pasta Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	School closed in observance of Independence Day	MORNING SNACK: Variety of Crackers LUNCH: Turkey Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	7 MORNING SNACK: Variety of Crackers LUNCH: Beef Meatballs Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Spinach Cheese Ravioli Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Noodle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Roast Beef Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Turkey Patties Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Mac & Cheese Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Borsch Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Tuna Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Beef Taquitos Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Rotisserie Chicken Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: Spaghetti & Meat Sauce Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  31 MORNING SNACK: Variety of Crackers LUNCH: Chicken Potstickers Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Pizza Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Sausage Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 MORNING SNACK: Variety of Crackers	2 MORNING SNACK: Variety of Crackers	3 MORNING SNACK: Variety of Crackers	4 MORNING SNACK: Variety of Crackers
	LUNCH:	LUNCH:	LUNCH: (Vegetarian)	LUNCH:
	Chicken Noodle Soup	Turkey Sandwich	Cheese Quesadilla	Beef Meatballs
	Croutons & Fruit	Veggies & Fruit	Veggies & Fruit	Rice, Veggies & Fruit
	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:
	Two Food Groups from	Two Food Groups from	Two Food Groups from	Two Food Groups from
	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers
7	8	9	10	11
Summer Break	Summer Break	Summer Break	Summer Break	Summer Break
14	15	16	17	18
MORNING SNACK:	MORNING SNACK:	MORNING SNACK:	MORNING SNACK:	MORNING SNACK:
Variety of Crackers	Variety of Crackers	Variety of Crackers	Variety of Crackers	<b>Variety of Crackers</b>
LUNCH: (Vegetarian)  Mac & Cheese  Veggies & Fruit	LUNCH:	LUNCH:	LUNCH:	LUNCH:
	Borsch Soup	Tuna Sandwich	Beef Taquitos	Rotisserie Chicken
	Croutons & Fruit	Veggies & Fruit	Veggies & Fruit	Rice, Veggies & Fruit
AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:
Two Food Groups from	Two Food Groups from	Two Food Groups from	Two Food Groups from	Two Food Groups from
Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers
21	22	23	24 MORNING SNACK: Variety of Crackers	25
MORNING SNACK:	MORNING SNACK:	MORNING SNACK:		MORNING SNACK:
Variety of Crackers	Variety of Crackers	Variety of Crackers		Variety of Crackers
LUNCH:	LUNCH:	LUNCH: (Vegetarian)	LUNCH:	LUNCH:
Spaghetti & Meat Sauce	Wild Rice Soup	Cheese Pizza	Chicken Flautas	<b>Chicken Sausage</b>
Veggies & Fruit	Croutons & Fruit	Veggies & Fruit	Veggies & Fruit	<b>Rice, Veggies &amp; Fruit</b>
AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:
	Two Food Groups from	Two Food Groups from	Two Food Groups from	Two Food Groups from
	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers
28 MORNING SNACK: Variety of Crackers	29 MORNING SNACK: Variety of Crackers	30 MORNING SNACK: Variety of Crackers	31 MORNING SNACK: Variety of Crackers	
LUNCH: Chicken Potstickers Veggies & Fruit	LUNCH: Frikadelle Soup Croutons & Fruit	LUNCH: (Vegetarian) Grilled Cheese Sandwich Veggies & Fruit	LUNCH: Chicken Quesadilla Veggies & Fruit	
AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK:  Two Food Groups from  Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				MORNING SNACK:
				Variety of Crackers LUNCH:
				Beef Meatballs
				Rice, Veggies & Fruit
				AFTERNOON SNACK:
				Two Food Groups from Dairy, Fruits, & Crackers
4	5	6	7	8
Cabaal alasadin	MORNING SNACK: Variety of Crackers			
School closed in observance of	LUNCH:	LUNCH:	LUNCH: (Vegetarian)	LUNCH:
Labor Day	Chicken Noodle Soup Croutons & Fruit	Roast Beef Sandwich Veggies & Fruit	Cheese Quesadilla Veggies & Fruit	Turkey Patties Rice, Veggies & Fruit
	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:
	Two Food Groups from Dairy, Fruits, & Crackers			
11	12	13	14	15
MORNING SNACK: Variety of Crackers				
LUNCH: (Vegetarian)	LUNCH:	LUNCH:	LUNCH:	LUNCH:
Mac & Cheese Veggies & Fruit	Borsch Soup Croutons & Fruit	Tuna Sandwich Veggies & Fruit	Beef Taquitos Veggies & Fruit	Rotisserie Chicken Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
18	19	20	21	22
MORNING SNACK: Variety of Crackers				
LUNCH: (Vegetarian)	LUNCH:	LUNCH: (Vegetarian)	LUNCH:	LUNCH:
Spinach Cheese Ravioli Veggies & Fruit	Wild Rice Soup Croutons & Fruit	Cheese Pizza Veggies & Fruit	Chicken Quesadilla Veggies & Fruit	Chicken Sausage Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
25	26	27	28	29
MORNING SNACK: Variety of Crackers				
LUNCH:	LUNCH:	LUNCH: (Vegetarian)	LUNCH:	LUNCH:
Chicken Potstickers Veggies & Fruit	Frikadelle Soup Croutons & Fruit	Grilled Cheese Sandwich Veggies & Fruit	Chicken Flautas Veggies & Fruit	Corn Beef Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 MORNING SNACK:	3 MORNING SNACK:	4 MORNING SNACK:	5 MORNING SNACK:	6 MORNING SNACK:
Variety of Crackers				
LUNCH:	LUNCH:	LUNCH:	LUNCH: (Vegetarian)	LUNCH:
Shrimp Penne Pasta Veggies & Fruit	Chicken Noodle Soup Croutons & Fruit	Turkey Sandwich Veggies & Fruit	Bean & Cheese Burrito Veggies & Fruit	Turkey Patties Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
9 MORNING SNACK:	10 MORNING SNACK:	11 MORNING SNACK:	12 MORNING SNACK:	13
Variety of Crackers	Variety of Crackers	Variety of Crackers	Variety of Crackers	School closed for
LUNCH: (Vegetarian)	LUNCH:	LUNCH:	LUNCH: (Vegetarian)	Professional
Spinach Cheese Ravioli Veggies & Fruit	Borsch Soup Croutons & Fruit	Roast Beef Sandwich Veggies & Fruit	Cheese Quesadilla Veggies & Fruit	Development Day
AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	
Two Food Groups from Dairy, Fruits, & Crackers				
16	17	18	19	20
MORNING SNACK: Variety of Crackers	MORNING SNACK: Variety of Crackers	MORNING SNACK: Variety of Crackers	MORNING SNACK: Variety of Crackers	MORNING SNACK: Variety of Crackers
LUNCH: (Vegetarian)	LUNCH:	LUNCH:	LUNCH:	LUNCH:
Mac & Cheese Veggies & Fruit	Wild Rice Soup Croutons & Fruit	Tuna Sandwich Veggies & Fruit	Beef Taquitos Veggies & Fruit	Rotisserie Chicken Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
23 MORNING SNACK:	24 MORNING SNACK:	25 MORNING SNACK:	26 MORNING SNACK:	27 MORNING SNACK:
Variety of Crackers				
LUNCH:	LUNCH:	LUNCH: (Vegetarian)	LUNCH:	LUNCH:
Spaghetti & Meat Sauce Veggies & Fruit	Frikadelle Soup Croutons & Fruit	Cheese Pizza Veggies & Fruit	Chicken Quesadilla Veggies & Fruit	Chicken Sausage Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
30	31			
MORNING SNACK: Variety of Crackers	MORNING SNACK: Variety of Crackers			
LUNCH:	LUNCH:			
Chicken Potstickers Veggies & Fruit	Uyghur Pasta Soup Croutons & Fruit			
AFTERNOON SNACK:	AFTERNOON SNACK:			
Two Food Groups from Dairy, Fruits, & Crackers	Two Food Groups from Dairy, Fruits, & Crackers			

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	MORNING SNACK: Variety of Crackers LUNCH: Turkey Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Bean & Cheese Burrito Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Beef Meatballs Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Spinach Cheese Ravioli Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Uyghur Pasta Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Roast Beef Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	School closed in observance of Veterans Day
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Mac & Cheese Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Borsch Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Tuna Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Beef Taquitos Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Turkey Patties Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
20 MORNING SNACK: Variety of Crackers LUNCH: Spaghetti & Meat Sauce Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	School closed in observance of Thanksgiving	School closed in observance of Thanksgiving	School closed in observance of Thanksgiving
MORNING SNACK: Variety of Crackers LUNCH: Chicken Potstickers Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Frikadelle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Pizza Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	30 MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			MORNING SNACK: Variety of Crackers LUNCH: Beef Meatballs Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas	MORNING SNACK: Variety of Crackers LUNCH: Roast Beef Sandwich	7 MORNING SNACK: Variety of Crackers LUNCH: Chicken Quesadilla	MORNING SNACK: Variety of Crackers LUNCH: Turkey Patties
AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers	13 MORNING SNACK: Variety of Crackers	14 MORNING SNACK: Variety of Crackers	15 MORNING SNACK: Variety of Crackers
LUNCH: Wild Rice Soup Croutons & Fruit	LUNCH: Tuna Sandwich Veggies & Fruit	LUNCH:  Beef Taquitos  Veggies & Fruit	LUNCH:  Rotisserie Chicken  Rice, Veggies & Fruit
AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: Frikadelle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Pizza Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Sausage Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
26	27	28	29
Winter Break	Winter Break	Winter Break	Winter Break
	MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  19 MORNING SNACK: Variety of Crackers LUNCH: Frikadelle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  LUNCH: Frikadelle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  12 MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  12 MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  19 MORNING SNACK: Variety of Crackers LUNCH: Tuna Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  19 MORNING SNACK: Variety of Crackers LUNCH: Two Food Groups from Dairy, Fruits, & Crackers  LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Variety of Crackers LUNCH: Two Food Groups from Dairy, Fruits, & Crackers  20 MORNING SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  22 Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers LUNCH: MORNING SNACK: Variety of Crackers LUNCH: MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Veggies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Verygies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Verygies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Verygies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Verygies & Fruit AFTERNOON SNACK: Variety of Crackers LUNCH: Very

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Spinach Cheese Ravioli Veggies & Fruit AFTERNOON SNACK: Two Food Groups from	9 MORNING SNACK: Variety of Crackers LUNCH: Uyghur Pasta Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Roast Beef Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Chicken Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Turkey Patties Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from
Dairy, Fruits, & Crackers  15  School closed in observance of Martin Luther King Jr. Day	Dairy, Fruits, & Crackers  16  MORNING SNACK: Variety of Crackers  LUNCH: Borsch Soup Croutons & Fruit  AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers  17  MORNING SNACK: Variety of Crackers  LUNCH: Tuna Sandwich Veggies & Fruit  AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers  18  MORNING SNACK: Variety of Crackers  LUNCH: Beef Taquitos Veggies & Fruit  AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers  19  MORNING SNACK: Variety of Crackers  LUNCH: Rotisserie Chicken Rice, Veggies & Fruit  AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: Spaghetti & Meat Sauce Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	23 MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	24 MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Pizza Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	25 MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	26 MORNING SNACK: Variety of Crackers LUNCH: Chicken Sausage Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
29 MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Mac & Cheese Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	30 MORNING SNACK: Variety of Crackers LUNCH: Frikadelle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Turkey Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers		

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Bean & Cheese Burrito	2 MORNING SNACK: Variety of Crackers LUNCH: Beef Meatballs
			Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian)	MORNING SNACK:  Variety of Crackers  LUNCH:	MORNING SNACK: Variety of Crackers LUNCH:	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian)	9 MORNING SNACK: <b>Variety of Crackers</b> LUNCH:
Spinach Cheese Ravioli Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Chicken Noodle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Roast Beef Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Cheese Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Turkey Patties Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
12 MORNING SNACK: Variety of Crackers	13 MORNING SNACK: Variety of Crackers	14 MORNING SNACK: Variety of Crackers	15 MORNING SNACK: Variety of Crackers	16 MORNING SNACK: Variety of Crackers
LUNCH: (Vegetarian)  Mac & Cheese  Veggies & Fruit	LUNCH: Borsch Soup Croutons & Fruit	LUNCH: Tuna Sandwich Veggies & Fruit	LUNCH: Beef Taquitos Veggies & Fruit	LUNCH: Rotisserie Chicken Rice, Veggies & Fruit
AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
School closed in observance of Presidents Day	20 MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Pizza Veggies & Fruit	MORNING SNACK: Variety of Crackers LUNCH: Chicken Quesadilla Veggies & Fruit	MORNING SNACK: Variety of Crackers LUNCH: Chicken Sausage Rice, Veggies & Fruit
	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
26 MORNING SNACK: Variety of Crackers	27 MORNING SNACK: Variety of Crackers	28 MORNING SNACK: Variety of Crackers	29 MORNING SNACK: Variety of Crackers	
LUNCH: Chicken Potstickers Veggies & Fruit	LUNCH: Frikadelle Soup Croutons & Fruit	LUNCH: (Vegetarian) Grilled Cheese Sandwich Veggies & Fruit	LUNCH: Chicken Flautas Veggies & Fruit	
AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				MORNING SNACK: Variety of Crackers LUNCH: Beef Meatballs Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Spinach Cheese Ravioli Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Noodle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Roast Beef Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	7 MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Rotisserie Chicken Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Mac & Cheese Veggies & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Borsch Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Tuna Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Beef Taquitos Veggies & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Chicken Sausage Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from
Dairy, Fruits, & Crackers  18 MORNING SNACK: Variety of Crackers LUNCH: Spaghetti & Meat Sauce Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers  19 MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers  20 MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Pizza Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers  21  MORNING SNACK: Variety of Crackers  LUNCH: Chicken Quesadilla Veggies & Fruit  AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	Dairy, Fruits, & Crackers  22  MORNING SNACK: Variety of Crackers  LUNCH: Turkey Patties Rice, Veggies & Fruit  AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
25 MORNING SNACK: Variety of Crackers LUNCH: Chicken Potstickers Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	26 MORNING SNACK: Variety of Crackers LUNCH: Frikadelle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Grilled Cheese Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	28 MORNING SNACK: Variety of Crackers LUNCH: Chicken Flautas Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Corn Beef Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spring Break	2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break
MORNING SNACK: Variety of Crackers LUNCH: Spaghetti & Meat Sauce Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	9 MORNING SNACK: Variety of Crackers LUNCH: Chicken Noodle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Roast Beef Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Turkey Patties Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers
MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Mac & Cheese Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Borsch Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Tuna Sandwich Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Beef Taquitos Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	School closed for Professional Development Day
MORNING SNACK: Variety of Crackers LUNCH: Chicken Potstickers Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  29 MORNING SNACK: Variety of Crackers LUNCH: Shrimp Penne Pasta Veggies & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: Wild Rice Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers  30 MORNING SNACK: Variety of Crackers LUNCH: Frikadelle Soup Croutons & Fruit AFTERNOON SNACK: Two Food Groups from	MORNING SNACK: Variety of Crackers LUNCH: (Vegetarian) Cheese Pizza Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Chicken Quesadilla Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers	MORNING SNACK: Variety of Crackers LUNCH: Rotisserie Chicken Rice, Veggies & Fruit AFTERNOON SNACK: Two Food Groups from Dairy, Fruits, & Crackers

NUT PRODUCTS, CANDY, SODA, JUICE, AND FAST FOOD ARE NOT PERMITTED AT SCHOOL.

**ORGANIC MILK** 

We serve 1% - 2% organic low fat cow milk with lunch.

**FEEDING TIMES** 

8AM-Breakfast, 10AM-Morning Snack, 12PM-Lunch, 3PM-Afternoon Snack, 5PM-Evening Snack.

We serve home-cooked meals that are nutritionally well-balanced, and include seasonal veggies and fruits.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		MORNING SNACK:	MORNING SNACK:	MORNING SNACK:
		Variety of Crackers	Variety of Crackers	Variety of Crackers
		LUNCH: Turkey Sandwich	LUNCH: (Vegetarian)  Bean & Cheese Burrito	LUNCH: Beef Meatballs
		Veggies & Fruit	Veggies & Fruit	Rice, Veggies & Fruit
		AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:
		Two Food Groups from Dairy, Fruits, & Crackers	Two Food Groups from Dairy, Fruits, & Crackers	Two Food Groups from Dairy, Fruits, & Crackers
6	7	8	9	10
MORNING SNACK: Variety of Crackers				
LUNCH:	LUNCH:	LUNCH:	LUNCH: (Vegetarian)	LUNCH:
Shrimp Pasta Veggies & Fruit	Chicken Noodle Soup Croutons & Fruit	Roast Beef Sandwich Veggies & Fruit	Cheese Quesadilla Veggies & Fruit	Turkey Patties Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
13	14	15	16	17
MORNING SNACK:				
Variety of Crackers	Variety of Crackers LUNCH:			
LUNCH: (Vegetarian)  Mac & Cheese	Borsch Soup	Tuna Sandwich	Beef Taquitos	Rotisserie Chicken
Veggies & Fruit	Croutons & Fruit	Veggies & Fruit	Veggies & Fruit	Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
20	21	22	23	24
MORNING SNACK:	MORNING SNACK: Variety of Crackers	MORNING SNACK:	MORNING SNACK:	MORNING SNACK: Variety of Crackers
Variety of Crackers LUNCH:	LUNCH:	Variety of Crackers LUNCH: (Vegetarian)	Variety of Crackers LUNCH:	LUNCH:
Spaghetti & Meat Sauce Veggies & Fruit	Wild Rice Soup Croutons & Fruit	Cheese Pizza Veggies & Fruit	Chicken Quesadilla Veggies & Fruit	Chicken Sausage Rice, Veggies & Fruit
AFTERNOON SNACK:				
Two Food Groups from Dairy, Fruits, & Crackers				
27	28	29	30	31
	MORNING SNACK:	MORNING SNACK:	MORNING SNACK:	MORNING SNACK:
School closed in	Variety of Crackers	Variety of Crackers	Variety of Crackers LUNCH:	Variety of Crackers
observance of	LUNCH: Frikadelle Soup	LUNCH: (Vegetarian)  Grilled Cheese Sandwich	Chicken Flautas	LUNCH: Corn Beef
Memorial Day	Croutons & Fruit	Veggies & Fruit	Veggies & Fruit	Rice, Veggies & Fruit
	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:	AFTERNOON SNACK:
	Two Food Groups from Dairy, Fruits, & Crackers			